









BEANS or CHEESE or **VEGETABLES** 



**VEGETABLES** or SOUR CREAM or SAUCE e.g. cranberry





RICE or COUSCOUS or VEGETABLES or **BEANS** 

## FGFTABI FS



SAUCE e.g. satay or tomato or CHEESE or EGG





CINNAMON or **CUSTARD** or JAM







WHAT DO YOU HAVE TO







BEANS or CHEESE or **VEGETABLES** 



VEGETABLES or SOUR CREAM or SAUCE e.g. cranberry





RICE or COUSCOUS or VEGETABLES or **BEANS** 

## /FGFTABLES



SAUCE e.g. satay or tomato or CHEESE or EGG



CINNAMON or CUSTARD or JAM





## -= COOK ILS =-



pie maker
PASTRY flaky or shortcrust
BREAD

MASHED POTATO on top



muffin tin

PASTRY flaky, shortcrust or filo BREAD TOP WITH PASTRY or leave open



pie ar oven dish

BASE OPTIONAL or PASTRY flaky, shortcrust or filo TOP WITH PASTRY or mashed vegetables



free-form

PASTRY flaky or filo Make sure all of the filling is enclosed



- COOK IT? =



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PASTRY flaky or shortcrust BREAD MASHED POTATO on top



muffin tin

PASTRY flaky, shortcrust or filo BREAD TOP WITH PASTRY or leave open



pie or oven dish

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free-form

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