

USE BY **VS** BEST BEFORE?



Do not eat after this date.



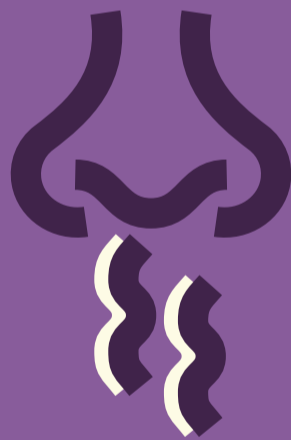
You can eat food after this date, but it may not be at its best quality.

FOOD PAST ITS BEST BEFORE? TRUST YOUR SENSES...



CHECK IT

Hold it up: if the packaging is damaged or you spot mould, slime, an odd colour, or texture, throw it out.



SMELL IT

If you catch any sour, rancid, or otherwise off odour, ditch it.



TASTE IT

Taste a tiny bit: if it's sour, off, or strange in taste, spit and bin it.



DISCOVER MORE AT:

lovefoodhatewaste.co.nz

